

How did you hear about DadsDash?

- | | |
|---|---|
| <input type="checkbox"/> Existing supporter of Barnardo's | <input type="checkbox"/> Barnardo's shop |
| <input type="checkbox"/> Barnardo's DadsDash mailing | <input type="checkbox"/> Local Library |
| <input type="checkbox"/> Barnardo's Website | <input type="checkbox"/> Local gym |
| <input type="checkbox"/> Running Website | <input type="checkbox"/> Barnardo's Project |

Charity of the year (please specify for which company)

Other (please specify) _____

By signing and dating this form you are agreeing to the terms and conditions below.

_____ Date: ____ / ____ / ____

Terms and Conditions: Please remember that everyone takes part at their own risk and neither Barnardo's nor any related or affiliated organisation can take responsibility for any loss or damage that occurs from participating in DadsDash. All children must be accompanied by an adult. Photographs and video footage may be taken at DadsDash and used to publicise Barnardo's events.

Barnardo's values your support and promises to respect your privacy. The data we gather and hold is managed in accordance with the Data Protection Act (1998). We will not disclose, or share personal information supplied by you, with any third party organisations without your consent.

We would like to keep you informed about the vital work we do, if you do not want to receive this information please let us know by ticking this box

Barnardo's adheres to the Fundraising Promise and Fundraising Standards Board Guidelines.



Run DadsDash if you Believe in children



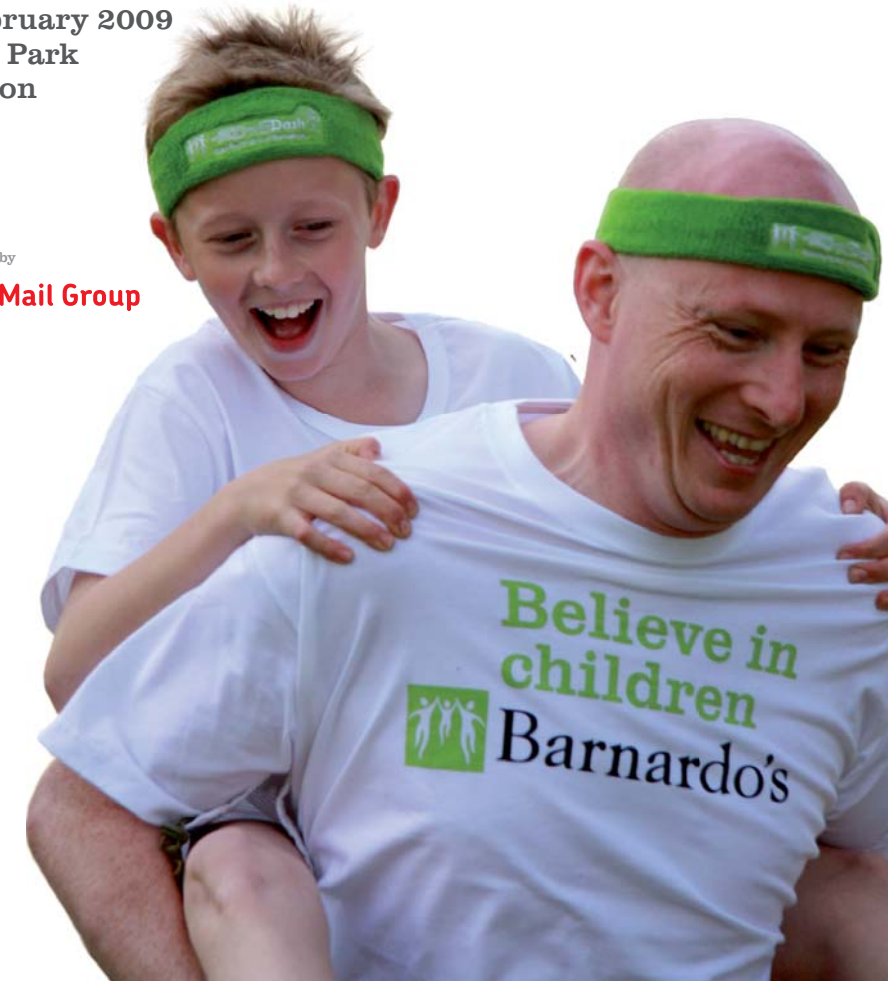
Barnardo's

A 5km sponsored fun run in celebration of family and fatherhood

8 February 2009
Hyde Park
London

Sponsored by

Royal Mail Group



How do I get involved?

To enter DadsDash there is a £10 registration fee and we encourage runners to raise £100 in sponsorship. Join the Barnardo's DadsDash team today by completing the application form and returning it to the DadsDash team by:

- Email to events@barnardos.org.uk
- Mail to Barnardo's Challenge Events, Tanners Lane, Barkingside, Ilford, Essex IG6 1QG
- Fax on 020 8551 6870

Why should I run for Barnardo's?

Keith and Laura's Story:

Laura registered herself and Keith to run DadsDash 2008. Two years before, Keith's father Martin had passed away. Martin had been raised in a Barnardo's home and had even written a short book accounting his life with Barnardo's. For them running DadsDash was a way to commemorate Martin and to celebrate the organisation that gave him a great start in life.



Your £100 could help Barnardo's provide children like Keith with five afternoons at one of our child bereavement family centres, where they will receive a wide range of therapy, training, and can relax and have fun with other children whose lives are adversely affected by bereavement, trauma and grief.

Personal details:

Title: _____ Full name: _____

Full home address: _____

_____ Postcode: _____

Gender: Male Female Date of Birth: ____/____/____

I will be 16 or over on 8 February 2009:

(Participants under 16 years old must be accompanied by an adult)

Telephone (Day): _____ Mobile: _____

Email: _____ Company: _____

Entry details:

To take part in DadsDash there is a £10 non-refundable registration fee, and we encourage participants to raise £100 for Barnardo's.

I am able to run, wish to pay the £10 registration fee and hope to raise £_____ in sponsorship

Maestro/Solo Visa Mastercard

Full cardholder's name: _____

Card number: _____

Issue number _____ Start Date _____ Expiry Date: _____

(Maestro/Switch) (Maestro/Switch)

I am enclosing a cheque payable to Barnardo's for £_____

Please note that we cannot guarantee a place until your registration fee is received.